

# St. Michael Church

ANNANDALE, VIRGINIA



**RECORDED MASS SCHEDULES:**  
**RECTORY, 7401 St. Michael's Lane**  
**CONVENT, 7421 St. Michael's Lane**  
**SCHOOL**

(703) 256-0446  
(703) 256-7822  
(703) 256-2130  
(703) 256-1222

Website <http://www.stmikes22003.org>



## MASSES:

**Sunday Vigil:** Saturday Eve, 5:00 p.m.

**Sunday:** 6:15 (Extraordinary Form of the Latin Rite),  
7:45, 9:00, 10:30, 12:00 noon

**Weekday Masses:** See Inside Bulletin

PREGNANT AND NEED HELP? CALL 1-800-848-5683

## CONFESSIONS:

Saturday: 3:30 to 4:30 p.m. and at 7:00 p.m. SHARP

Wednesday: 7:30 p.m. SHARP

## BAPTISMS: SUNDAY AFTER 12:00 NOON MASS

All parents must attend a class prior to the baptism of their child. Baptisms are celebrated on the first and third Sundays of the month. Please call the rectory for information and assistance. (Monday-Friday, 9:00 a.m. to 5:00 p.m.)

**SCHOOLS OF RELIGION:** For all children attending public school Pre-School through grade 12 meets on Sundays September through May. For more information contact Deacon McCaffrey, 703-941-9403.

**WEEKLY NOVENA:** Wednesdays at 7:30 p.m.  
Novena of The Miraculous Medal.

**MONTHLY DEVOTION:** First Saturdays following the 8:30 a.m. Mass - Our Lady of Fatima.

## MARRIAGE

Please notify one of the priests at least six (6) months before the wedding.

## PARISH MEMBERSHIP

Registration forms are available from the ushers after Mass on Sunday or you may stop by the rectory during the week. Parish membership is required for the reception of either Baptism or Matrimony. Please notify the rectory when your telephone number changes and also when you are moving within or outside the parish.

## SICK CALLS

Please notify the Rectory for visits and/or Communion Calls to the sick, shut-ins and those in the hospital.

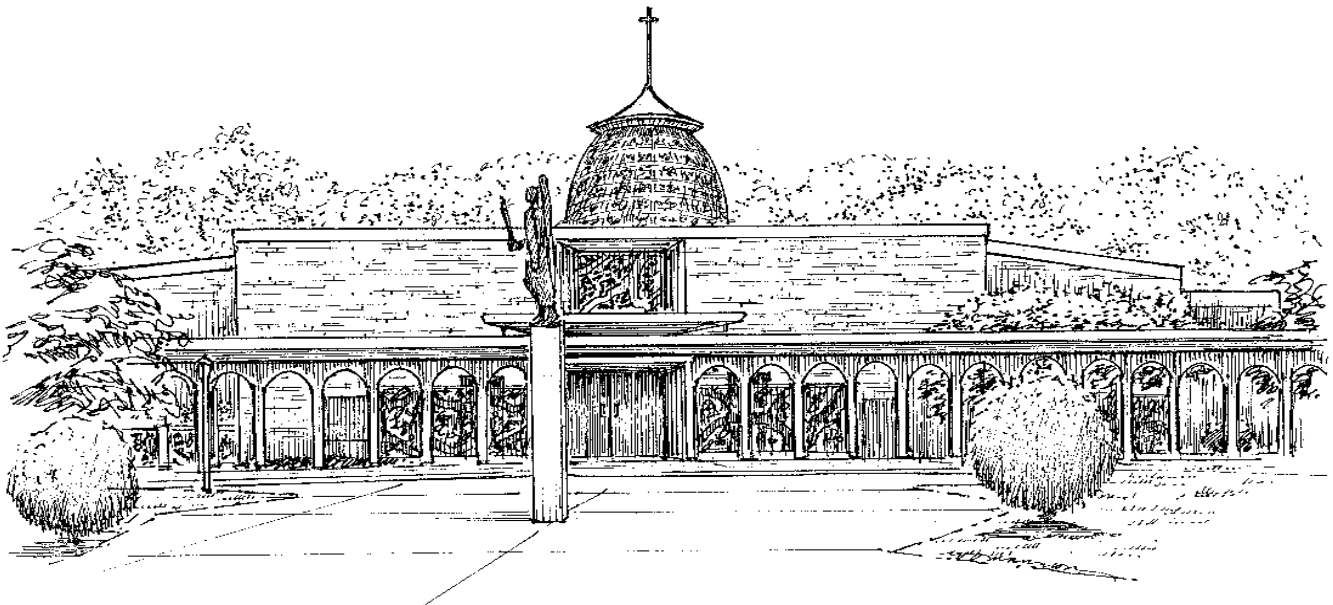
## CLERGY OF PARISH

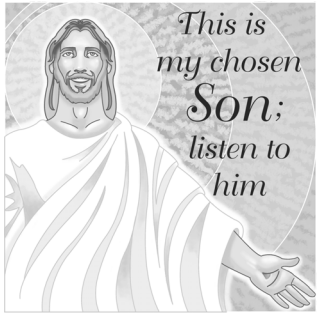
Pastor: Rev. Jerry J. Pokorsky

Parochial Vicars: Rev. John T. B. Trong, Rev. Kevin J. Beres

In Residence: Rev. Joseph J. Clark

Permanent Deacons: Deacon Roger T. Ostrom, Deacon David S. McCaffrey





**2ND SUNDAY  
OF LENT**

February 28, 2010

“The Lord is my light and my salvation;  
Whom should I fear?”  
~ Psalm 27: 1

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MASS INTENTIONS  
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- 6:15 a.m. **Monday, March 1**  
Patricia Tildes +
- 8:30 a.m. Brian Hederman +
- 12 noon Priest’s Intention
- 6:15 a.m. **Tuesday, March 2**  
Larry Friess +
- 8:30 a.m. Rush Limbaugh
- 12 noon Priest’s Intention
- 6:15 a.m. **Wednesday, March 3**  
Kathy Fisher
- 8:30 a.m. Bridget McCaffrey +
- 12 noon Priest’s Intention
- 6:15 a.m. **Thursday, March 4**  
Leo Biven
- 8:30 a.m. Our Parents +
- 12 noon Priest’s Intention
- 6:15 a.m. **Friday, March 5**  
Ivory Thomas +
- 8:30 a.m. Jerry Walsh +
- 12 noon Priest’s Intention
- 8:30 a.m. **Saturday, March 6**  
Jack B. Lebahn
- 5 p.m. Charles Salvo-Jordan
- 6:15 a.m. **Sunday, March 7**  
Ballard family
- 7:45 a.m. Nancy Brown
- 9 a.m. People of the Parish
- 10:30 a.m. Hung Chau family
- 12 noon Olen Thornton +

**Let Nothing Disturb You**

“Let nothing disturb you, nothing frighten you. All things are passing. God never changes. Patient endurance attains all things. Whoever possesses God lacks nothing, God alone is sufficient.”

~ St. Teresa of Avila

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FROM THE PASTOR  
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**In the sacramental economy** -- the Holy Spirit fulfills what was prefigured in the Old Covenant. Since Christ's Church was "prepared in marvelous fashion in the history of the people of Israel and in the Old Covenant," the Church's liturgy has retained certain elements of the worship of the Old Covenant as integral and irreplaceable, adopting them as her own: 1) notably, reading the Old Testament; 2) praying the Psalms; and, 3) above all, recalling the saving events and significant realities which have found their fulfillment in the mystery of Christ (promise and covenant, Exodus and Passover, kingdom and temple, exile and return). It is on this harmony of the two Testaments that the Paschal catechesis of the Lord is built, and then, that of the Apostles and the Fathers of the Church. This catechesis unveils what lay hidden under the letter of the Old Testament: the mystery of Christ. It is called "typological" because it reveals the newness of Christ on the basis of the "figures" (types) which announce him in the deeds, words, and symbols of the first covenant. By this re-reading in the Spirit of Truth, starting from Christ, the figures are unveiled.[16] Thus the flood and Noah's ark prefigured salvation by Baptism, as did the cloud and the crossing of the Red Sea. Water from the rock was the figure of the spiritual gifts of Christ, and manna in the desert prefigured the Eucharist, "the true bread from heaven." For this reason the Church, especially during Advent and Lent and above all at the Easter Vigil, re-reads and re-lives the great events of salvation history in the "today" of her liturgy. But this also demands that catechesis help the faithful to open themselves to this spiritual understanding of the economy of salvation as the Church's liturgy reveals it and enables us to live it.

**We are continuing to make progress** -- on the major dome repair. We're working on the details of the contract and, by this viewing, we will have commissioned a structural engineer to look at the feasibility of the contractor plans. The time line, we hope, is by the end of the year we'll have the church roof and dome in good order.

**You'll also notice that** – we have commissioned a contractor to clean up and varnish the pews. This is pretty much preventative maintenance. I've noticed that it sometimes happens that the finish of the pews are allowed to wear out, thereby damaging the wood. We want to avoid that with this project. The project should be complete by the end of March.

**Congratulations!** - To our parish children who received their First Penance last Saturday.

**Jesus, Son of God—Man of Sorrows**, He was despised and rejected by men; a man of sorrows, and acquainted with grief... He was despised, and we esteemed Him not

—Isaiah 53:3

**“The New York Times reported on Friday** -- that President Obama's health care proposal is being written so that it can be attached to a budget bill in order to avoid a filibuster from Senate Republicans -- a procedure known as reconciliation. The Times also reported that "Democrats said it was still unclear how the president would deal with other disagreements, including the issue of insurance coverage for abortions. Abortion remains 'a wild card,' said a Democrat on Capitol Hill." The issue of abortion is not resolved, and it is absolutely critical that you contact your Representative and your two Senators right now and make it clear to them that Abortion is NOT Health Care! It is also critical that we keep the pressure on the pro-life Democrats in the House over the next few days to ensure that they don't cave to party pressure from Nancy Pelosi. In order to pass a health care bill through reconciliation, the House of Representatives would have to pass the Senate version of the health care bill, which does NOT contain the Stupak Amendment to protect human life. So far we have seen no signs of Obama's willingness to take on Senator Boxer, Senator Feinstein and the abortion lobby to exclude abortion from health care. But what he has made clear is that he considers abortion legitimate health care...." (Excerpted from the Susan B Anthony List mailing)

**File Under “The Changing Rules of Medical Science”** -- “Many of the patients were labeled -- with the same grim diagnosis: ‘vegetative state.’ Their head injuries, teams of specialists had concluded, condemned them to a netherworld -- alive yet utterly devoid of any awareness of the world around them. But an international team of scientists decided to try a bold experiment using the latest technology to peek inside their minds to see whether, in fact, they were conscious.... ‘It was incredible,’ said Adrian M. Owen, a neuroscientist at the University of Cambridge who led the ground-breaking research described in a paper published online Wednesday by the New England Journal of Medicine. ‘These are patients who are totally unable to perform functions with their bodies -- even blink an eye or move an eyebrow -- but yet are entirely conscious. It's quite distressing, really, to realize this.’ ...The research inevitably raised questions about patients such as Terri Schiavo, the Florida woman in a persistent vegetative state whose family dispute over whether to discontinue her care ignited a national debate over the right-to-die issue that eventually led to congressional intervention. Schiavo's brother, Bobby Schindler, said the new study highlights the limits of medicine to provide an accurate diagnosis. ‘They are completely unreliable,’ Schindler said in a telephone interview. ‘I wish this could have been used on my sister to see what could have been done to help her.’ (Excerpted from the Washington Post, Rob Stein, 02.03.10)

**Folks, this is the reason YOU** -- need to be involved in local politics. Priests proclaim faith in Christ, but you apply your faith to the concrete circumstances of life: “The Archdiocese of Washington's decision to drop its foster care program is the first casualty of the District's pending same-sex marriage law that will obligate all outside contractors dealing with the city to recognize gay couples. Its decision, posted late Tuesday on the archdiocese's Web site, announced that the archdiocese had

ended its 80-year-old program Feb. 1, the day the city's contract expired with Catholic Charities, the church's social services arm.... The Vatican has long opposed any church role in aiding homosexuals to adopt. In 2003, it said that placing children into same-sex households was ‘gravely immoral.’ ...But with more states legalizing same-sex unions, the Washington Archdiocese is the third diocese in the country to leave the adoption/foster care business. The archdioceses of San Francisco and Boston, which had contracts with California and Massachusetts, respectively, ceased their programs in 2006 after each state legalized gay marriages and made it clear that the local Catholic Charities affiliate would have to work with homosexual couples. (California has since repealed its law allowing same-sex marriage.)” (Excerpted from the Washington Times, 02.18.10, Julia Duin)

**Sports notable quotables** -- 1) New Orleans Saint RB George Rogers when asked about the upcoming season: "I want to rush for 1,000 or 1,500 yards, whichever comes first"; 2) And, upon hearing Joe Jacobi of the 'Skin's say: "I'd run over my own mother to win the Super Bowl," Matt Millen of the Raiders said: "To win, I'd run over Joe's Mom, too." 3) Torrin Polk, University of Houston receiver, on his coach, John Jenkins: "He treats us like men.. He lets us wear earrings.." 4) Football commentator and former player Joe Theismann: "Nobody in football should be called a genius. A genius is a guy like Norman Einstein."; 5) Senior basketball player at the University of Pittsburgh : "I'm going to graduate on time, no matter how long it takes." 6) Bill Peterson, a Florida State football coach: "You guys line up alphabetically by height." And, "You guys pair up in groups of three, and then line up in a circle." 7) Boxing promoter Dan Duva on Mike Tyson going to prison: "Why would anyone expect him to come out smarter? He went to prison for three years, not Princeton ." 8) Stu Grimson, Chicago Blackhawks left wing, explaining why he keeps a color photo of himself above his locker: "That's so when I forget how to spell my name, I can still find my clothes." 9) Lou Duva, veteran boxing trainer, on the Spartan training regime of heavyweight Andrew Golota: "He's a guy who gets up at six o'clock in the morning, regardless of what time it is." 10) Chuck Nevitt , North Carolina State basketball player, explaining to Coach Jim Valvano why he appeared nervous at practice: "My sister's expecting a baby, and I don't know if I'm going to be an uncle or an aunt." 11) Frank Layden , Utah Jazz president, on a former player: "I told him, 'Son, what is it with you? Is it ignorance or apathy?' He said, 'Coach, I don't know and I don't care.'" 12) Shelby Metcalf, basketball coach at Texas A &M, recounting what he told a player who received four F's and one D: "Son, looks to me like you're spending too much time on one subject." 13) In the words of NC State great Charles Shackelford " I can go to my left or right, I am amphibious.."

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**For God so loved the world that He gave His only begotten Son; that whosoever believes in Him should not perish, but have everlasting life.**  
-John 3:16

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 IN OUR PARISH  
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**LENTEN  
 CONFESSION  
 SCHEDULE**

*Wednesday evenings, starting at 6:30 p.m.  
 Saturdays, 3-4:30 p.m. and 7 p.m.*

**Abstinence** – Every Friday in Lent is a day of abstinence. Fast means one main meal per day and two smaller, meatless meals for all between the ages of 18 and 59 (inclusive). Abstinence means no meat or meat products are to be eaten and is applicable to all who are 14 years or older. These are minimum standards for the observance of the Lenten penitential period of preparation and no Catholic may lightly excuse him/herself from them.

**Stations of the Cross** - St. Michael's will have Stations of the Cross at 7:30 p.m. in the Church on Fridays during Lent.

**Girl Scout Cookies** - The Girl Scout Troops of St. Michael School will be selling Girl Scout cookies after Sunday Masses on Sunday, February 21st and February 28th. Please come out and support our Girl Scout Troops.

**Pancake Breakfast** - Please join us for hot coffee and pancakes in the Sr. School Cafeteria after the 7:45 a.m., 9 a.m., and 10:30 a.m. Masses next Sunday, March 7th. This is sponsored by the Knights of Columbus, profits to benefit St. Michael's Building Fund.

**St. Michael's Parish Lenten Suppers**

Please join us in the All Purpose Room each Friday of the Lenten Season from 5:30 to 7:00 PM. Our Lenten Suppers include meatless soups, salad, bread & finger desserts. Donations welcome and this year will benefit "A Woman's Choice"

Lenten Suppers begin on Friday, 2/26 with additional Suppers on 3/5, 3/12, 3/19, and 3/26 Various Parish Groups will be preparing the supper each week.

As a thank you to the Parish Community for their support, Cub Scout Pack 894 - Grades 1-5 will also provide meatless pizza (while supply last) at each of the meals.

**Stations of the Cross to follow after each of the meals.**

**Please Pray for:** Maria A. Balenger\*; Paul Barsanti\*; G. R.; J. G.; M. C\*; R. Z; T. S. (friend of Alex Hrovat); M. K.; Kim Thoa; Thomas & Mildred White\*; Janet Langen\*; Mary Terese Lan; Eleanor Blake; Kendal Chattelier; Linn Chattelier; Norma Murphy; our soldiers overseas, especially members of our families; Bonnie Shaffer; Grace Grepo\*; Kevin and Claud Clark; Julia Lattanzio; Sylvia Buonincontri\*; Robert Bermingham\*; John Wilson; Freya Wall; Dick & Trudy Fisher\*; Dorothy Sacco\*; Jose Gonzalez and Alexis Stattel\*; Paul Terry\*; Mrs. Sylvia Sanchez\*; Marian Sneesby (sister of Lucille Catlin\*); Mercedes Misko\*; Ruth Naomi Contreras, wife of Deacon Carlos Contreras\*; Joey Norris, relative of Bill Montes de Oca\*; Dana Semerjian; Donald Clark, husband of Bea Clark\*; John Healy, brother of Dolores Wisecarver\*;

Joseph Pistone; Allyson Caputo, daughter-in-law of Mrs. Caputo; Mi Nguyen daughter of Dziep N Nguyen\*; Chris Ballard, son of Jane and Jim Ballard\* and former St. Michael School student; Maria LeDoux; Veronica Kiszkiel, sister-in-law of Fran Visco\*; Hung Pham and Chau Duong\*; Francine Maddelina, Cuc Huynh, Pompeo Romano, with apologies to anyone we dropped – call Father Pokorsky or the Office for next week.

**This Week's Coming Events**

**Sunday, February 28**

Girl Scouts Selling Cookies	after Masses	Church
CCD	10:15 a.m.	various classrooms
People of Praise	2:30 p.m.	Cafeteria

**Monday, March 1**

Readers	7:30 p.m.	Church
RCIA	7:30 p.m.	Lower Level
Legion of Mary	7:30 p.m.	CCD office

**Tuesday, March 2**

Baptismal Class	7:30 p.m.	Rm. 29
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**Wednesday, March 3**

Opus Dei Confessions	1 p.m.	Church
Confessions & Novena	6:30/7:30 p.m.	Church

**Thursday, March 4**

Choir Rehearsal	7:30 p.m.	Church
Knights of Columbus	7:30 p.m.	All Purpose Room

**Saturday, March 6**

Schola Choir	9:30 a.m.	Music Room
Confessions	3:30 p.m. & 7 p.m.	Church

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**AROUND THE DIOCESE**

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**Natural Family Planning Course**

Have you ever thought about what unnatural birth control methods **really** do to your body? To your marriage? The Couple to Couple League has the answers and more. Attend a short course and learn a natural method of family planning that is safe, effective, and in line with Church teaching. Great for achieving as well as postponing pregnancy. A three-part course will take place at St. James Catholic Church, 905 Park Ave., Falls Church, VA 22046, in Heller Hall on Saturday, March 13th, April 10th, and May 8th from 2 to 4:30 p.m. For more information, contact Stephen and Susan Bamert at 703-6524637 or [nfp@stjamescatholic.org](mailto:nfp@stjamescatholic.org).

**"The Sacred Made Real" Exhibition**

Intended to bring the sacred to life, religious artists of 17th-century Spain created arrestingly realistic sculptures and paintings that still have the power to shock the senses and stir the soul. From February 28 through May 31, the National Gallery of Art on the National Mall will be the only U.S. venue for the first major exhibition revealing the relationship between these art forms in *The Sacred Made Real: Spanish Painting and Sculpture, 1600-1700*. This show will offer visitors a unique opportunity to experience polychrome sculpture – an art form rarely seen outside Spain – by such masters as Juan Martinez Montañés and Francisco Pacheco, alongside paintings, including masterpieces by Diego Velázquez and Francisco de Zurbarán, that achieved the same realism on canvas. Many of the sculptures have never been exhibited away from the Spanish churches, convents, and monasteries where they continue to inspire the faithful. For more information on the exhibition and scheduled events, visit [www.nga.gov/sacred](http://www.nga.gov/sacred).